

Hands of Hope USA



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Hands of Hope USA 1st Annual Golf Marathon

Recommended Items

- Tennis shoes (more comfortable than golf shoes)
- Hat
- Sunscreen
- Long pants (lightweight cotton for early morning)
- Shorts (for afternoon)
- Golf gloves
- Golf Shirt
- Insect Repellent
- Advil or Ibuprofen
- Band-Aids
- Water Bottle
- Caddy (cart drive, score keeper, ball spotter, and encourager)
- Towels
- Sunglasses
- Chapstick
- Golf Marathon Event Guide completed in its entirety
- Any pledges you may have collected

Possible items in the event of rain:

- Change of shoes and socks
- Change of shirt
- Rain suit
- Towels